

CONNECT WITH US....

6750 Baker Blvd
Richland Hills, TX 76118
817-616-3738
TheLinkRec.com

EXERCISE

MEET
FRIENDS

LEARN
SOMETHING
NEW

ENJOY
GAMES

LIVE LIFE
BETTER

 **THE LINK**
EVENT + RECREATION CENTER



OCTOBER
SENIOR
PROGRAMS



THE LINK

EVENT + RECREATION CENTER



October 2017

DROP 12

Mon-Fri 8:00AM
Walk N' Roll

Tues 9:30 AM
Domino Dudes & Dames

Wed 9:30 AM
Pinochle

Wed 1:30 PM
The Sew & Sews
Quilting Group



M,W,F 10:00 AM
Seniorcise

M & W 11:00 AM
Exercise to Music

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2	3 1:00 PM A Matter of Balance	4 10:30 AM Babe's Chicken Dinner House	5	6 9:00 AM Empowering Seniors Expo	7
8	9 Columbus Day	10 10:00 AM Silver Surfers 1:00 PM A Matter of Balance	11	12 12 Noon Serving Dickey's BBQ	13 US Navy Birthday	14
15 Please submit Richland Hills Veterans' photos & bios for display in November.	16 Creative Crafters 1:00 PM	17 1:00 PM A Matter of Balance	18 9:00 AM Autumn at the Arboretum	19	20	21
22	23	24 1:00 PM A Matter of Balance 6:00 PM Silver Surfers	25	26 11 AM Volunteer Opportunities by Cornerstone Assistance Network	27 TRICKY TREAT TRAIL FRIDAY, OCT 27 6:30 - 8:30 PM	28
29	30	31 1:00 PM A Matter of Balance 1:00 Spooktacular Seniors 				

Call
817-616-3738 or visit
TheLinkRec.com for
registration and
fee information.